EKATMATA STOTRA  
  
Om Namah Sacchidaananda,   
roopaaya paramaatmane |  
Jyotirmaya Swaroopaaya,   
Vishwa Maangalya Moortaye || 1 ||  
  
Translation:  
  
Om. I bow to the supreme Lord who is the very embodiment of truth, Knowledge and Happiness,the one who is enlightened, and who is the very incarnate of universal good.  
  
Prakritih Pancha Bhootaani,   
Grahaa Lookaa Swaraastathaa |  
Dishah Kaalashcha Sarveshaam,   
Sadaa Kurvantu Mangalam || 2 ||  
  
Translation:  
  
May all these cause perpetual good to us: Nature composed of three qualities i.e., Satva, Rajas and Tamas Gunas; the five elements namely fire, water, air, earth and space; The seven notes of Music; The ten quarters and time - past, present and future.  
  
Ratnaakaraadhau Tapadhaam,   
Himaalaya Kireetineem |  
BrahmaRaajarshi Ratnaadyaam,   
Vande Bhaarata Maataram || 3 ||  
  
Translation:  
  
Bhaarat Maataa (the mother land), I bow to thee, whose feet are being washed by the ocean waves, whose crown is the snowy himalayas, whose illustrious sons have distinguished themselves as Brahmarshis and as Rajarshis.  
  
Mahendro Malayah Sahyo  
Devataatmaa Himaalayah |  
Dhyeyo Raivatako Vindhyo  
Girishchaaravalistathaa || 4 ||  
  
Translation:  
  
These mountains of our country should always be remembered - Mahendra (In Orissa), Malaya Giri (in Mysore), Sahyadri (Western Coast), Himalaya, the abode of gods, Raivataka (Girnar in Gujarat), Vindhyachal (Central India) and Aravali (in Rajasthan).  
  
Gangaa Saraswatee Sindhur  
Brahma Putrashcha Gandakee |  
Kaaveree Yamunaa Revaa  
Krishnaa Godaa Mahaanadee || 5 ||  
  
Translation:  
  
Seven important rivers of our motherland: Ganga, Sarasvati (invisible), Sindhu, Brahmaputra, Gandaki, Kaveri, Yamuna, Reva (Narmada), Krishna, Godavari and Mahanadi.  
  
Ayodhyaa Mathuraa Maayaa  
Kaashee Kaanchee Avantika |  
Vaishaalee Dwaarikaadhyeya  
Puree Takshashilaa Gayaa || 6 ||  
  
Translation:  
  
Important holy places - Ayodhya, Mathura, Maya (Haridwar), Kashi, Kanchi, Avanthika (Ujjain), Vaishali, Dwaarika, Puri, Takshashila, Gaya...  
  
Prayaagah Paataleeputram  
Vijayaanagaram Mahat |  
Indraprastham Somanaathah  
Tathaa Amrutasara Priyam || 7 ||  
  
Translation:  
  
...Prayaga, Pataliputra (Patna), Vijayanagara, IndraPrastha (Delhi), Somanath, the famous and Amritsar.  
  
Chaturvedaah Puraanaani  
Sarvopanishadas Tathaa |  
Raamaayanam Bhaaratam Cha  
Geetaa Saddarshanaanicha || 8 ||  
  
Translation:  
  
We must revere these great religious books from the core of our heart - the four vedas, eighteen puranas, all the Upanishads, the Ramayana, The Mahabharata, the Gita, the true Philosophies (Six Darshanas), ...  
  
Jainaagamaas Tripitakaa  
Gurugranthah Sataam Girah |  
Eshah Jnaana Nidhih Shreshtah  
Shraddheyo Hridi Sarvadaa || 9 ||  
  
Translation:  
  
... The Agama books of Jainism, the Tripitaka of Buddhism and the truthful verse (Vani) of Guru Granth Sahib.  
  
Arundhatyanasooya cha  
Saavitree Jaanakee Satee  
Draupadee Kannagee Gaargee  
Meera Durgaavatee Tathaa || 10 ||  
  
Translation:  
  
These great ladies must be worshipped as mother goddesses -Arundhati (Wife of Sage Vasista), Anasuya (wife of sage Atri), Savitri, Janaki, Sati (daughter of Daksha and consort of Lord Shiva), Draupadi, Kannagi (a chaste women of Tamil Nadu), Gargi (a learned woman of vedic period), Mira (a famous devotee of Lord Krishna), Durgavati (the brave  
Queen of Gadha mandala in Central India who fought against the Moghuls), ...  
  
Laxmi Rahalyaa Channamma  
Rudramaambaa Suvikramaa  
Niveditaa Saaradaa Cha  
Pranamya Maatri Devataah ||11||  
  
Translation :  
  
Lakshmibai (the famous Queen of Jhansi), Ahalya Bai Holkar, Channamma (the brave lady of Karnataka), Rudramaambaa, Sister Nivedita (the disciple of Vivekananda) and Ma Sharada (the Dharma companion of Sri RamKrishna)  
  
Sri Raamo Bharatah Krishno  
Bheeshmo Dharmastathaa Arjunah  
Markandeyo Harishchandrah  
Prahlaado Naarado Dhruvah || 12 ||  
  
Translation:  
  
These are the great men of our country whose glory has been sung in the Puranic lore - Lord Rama, King Bharata, Lord Krishna, Bhishma Pitamah (the great   
celibate), Dharmaraja Yudhishthir, Arjuna (the great Archer), Sage Markandeya, Truthful king Harishchandra, Prahlada, Narada, Dhruva, ...  
  
Hanumaan Janako Vyaaso  
Vasishthashcha Shuko Balih  
Dadheechi Vishva Karmaanau  
Prithu Vaalmeeki Bhaargavaah ||13||  
  
Translation:  
  
Hanuman, King Janaka, Vyasa (the great editor of the Vedic Literature) age, Vashishtha, Shukadeva Muni, King Bali, Dadhichi (the great donor of his bones), Vishwakarma (the great architect), King Prithu (after whom our earth become known as Prithvi), Sage Valmiki (the author of Ramayana), Parashurama (the son of Bhrigu).  
  
Bhageerathash chaikalavyo  
Manur Dhanvantaristathaa |  
Shibishcha Rantidevashcha  
Puraanod Geeta Keertayah || 14 ||  
  
Translation:  
  
King Bhagiratha, Eklavaya (a devoted disciple of Guru Dronacharya), Manu (the great Hindu law giver), Dhanvantari (the great Indian Physician), and King Rantideva (who himself starved to feed the hungry).   
  
Buddhaa Jinendraa Gorakshah  
Paaninishcha Patanjalih |  
Shankaro Madhva Nimbaarkau  
Shree Raamanuja Vallabhau || 15 ||  
  
Translation:  
  
May these noble souls distinguished in their chosen field of activity generously bless us with their divine virtues: Lord Buddha, Lord Mahavira, the great Yogi Gorakhnath, Panini (the great grammarian), Patanjali (the author of Mahabhashya), Adi Shankaracharya (the great Hindu crusader), philosophers and saints like Madhvacharya, Nimbarkacharya, ...  
  
Jhoolelaalotha Chaitanyah  
Tiruvalluvarastathaa |  
Naayanmaaraalavaarashcha  
Kambashcha Basaveshvarah || 16 ||  
  
Translation:  
  
... Jhulelal (the great saviour of Sindhi Hindus), Mahaprabhu Chaitanya, Tiruvalluvar, Nayanmars, Alwars, Kamban (the Ramayana bard of Tamil), Basaveshwar,   
  
Devalo Ravidaasashcha  
Kabeero Guru Naanakah |  
Narasis Tulaseedaaso  
Dashamesho Drudavratah || 17 ||  
  
Translation:  
  
Maharishi Devala, Sant Ravidas, Kabir, Guru Nanak, Bhakta Narshi Mehta, Tulsidas, Guru Gobind Singh,   
  
Shreemat Shankara Devashcha  
Bandhoo Saayana Maadhavau |  
Jnaaneshwaras Tukaaraamo  
Raamadaasah Purandarah || 18 ||  
  
Translation:  
  
Shankardeva (the vaishnava saint of Assam), the brothers Sayanacharya and Madhavacharya, Sant Gyaneshwar, Tukaram, Samartha Guru Ramdas, Purandaradasa, ...  
  
Birasaa Sahajaanando  
Raamaanandas Tathaa Mahaan |  
Vitarantu Sadaivete  
Daiveem Sadguna Sampadam || 19 ||  
  
Translation:  
  
Birsa Munda of Bihar, Swami Sahajananda and Swami Ramananda (the great saviour of Hinudism in the medieval period),   
  
Bharatarshih Kaalidaasah  
Shree Bhojo Jakanastathaa |  
Sooradaasas Tyaagaraajo  
Rasakhaanashcha Satkavih || 20 ||  
  
Translation:  
  
Poet Kalidasa, Sri Bhojaraja, Jakana, Hindi poet Bhakt Surdas, Bhakta Thyagaraja, and poet Rasakhan,   
  
Ravivarmaa Bhaatakhande  
Bhaagya Chandrah Sabhoopatih |  
Kalaavantashcha Vikhyaataah  
Smaraneeyaah Nirantaram || 21 ||  
  
Translation:  
  
Ravi Varma (the famous painter), Bhata Khanda (the great Musician), and Bhagya Chandra (a King of Manipur).   
  
Agastyah Kambu Kaundinyau  
Raajendrashchola Vamshajah |  
Ashokah Pushyamitrashcha  
Khaaravelah Suneetimaan || 22 ||  
  
Translation:  
  
These are the great warriors and conquerors of our country in the past: Agastya, Kambu, Kaundinya, King Rajendra of Chola Dynasty, Ashoka the Great, Pushyamitra ( the founder of Shung Dynasty), Kharavela (king of Kalinga),   
  
Chaanakya Chandraguptau Cha  
Vikramah Shaalivaahanah |  
Samudraguptah Shreeharshah  
Shailendro Bapparaavalah || 23 ||  
  
Translation:  
  
Chanakya and Chandragupta the Precept of disciple pair), Vikramaditya, Shalivahana of mighty prowess, Samudragupta, Harshvardhana, King Shailendra, Bappa Raval,   
  
Laachid Bhaaskara Varmaacha  
Yashodharmaa Cha Hoonajit |  
Shree Krishnadevaraayashcha  
Lalitaaditya Udbalah || 24 ||  
  
Translation:  
  
Lachit Barfukan, Bhaskarverma, Yashodharma (the vanquisher of the Hun hordes), Sri Krishnadevaraya (the great king of Vijayanagar Empire), Lalitaditya (a great warrior),   
  
Musunoori Naayakau Tau  
Prataapah Shiva Bhoopatih |  
Ranajit Simha Ityete  
Veeraa Vikhyaata Vikramaah || 25 ||  
  
Translation:  
  
Musunoori Nayakas (Prolaya Nayak, Kappa Nayak), Maharana Pratap, Chhattarpati Shivaji, and Maharaja Ranjit Singh.   
  
Vaijnaanikaashcha Kapilah  
Kanaadah Sushrutastathaa |  
Charako Bhaaskaraachaaryo  
Varaaha Mihirah Sudheeh || 26 ||  
  
Translation:  
  
These are the great Indian Scientists whom we must not forget : Kanaada Rishi, Sushruta ( the   
great Indian Surgeon), Charaka, Bhaskaracharya, Varahamihira, ...  
  
Naagaarjuno Bharadwaajo  
Aaryabhatto Basurbudhah |  
Dhyeyo Venkataraamashcha  
Vijnaa Raamaanujaadayah || 27 ||  
  
Translation:  
  
Nagarjuna, Bharadwaja,   
Arya Bhata, Jagdish Chandra Basu, C.V. Raman and Ramanujan.   
  
Raamakrishno Dayaanando  
Ravindro Raama Mohanah |  
Raamateerthoravindashcha  
Vivekaananda Udyashaah || 28 ||  
  
Translation:  
  
And these are the some social religious leaders who brought about a great revival of the age old Hindu Society and infused new blood into its viens: Sri Rama Krishna Pramhansa, Swami Dayananda, Rabindra Nath Tagore, Raja Ram Mohan Rai, Swami RamTirtha, Maharishi Aurobindo, Swami Vivekananda,   
  
Daadaabhaai Gopabandhuh  
Tilako Gaandhiraadrutaah |  
Ramano Maalaveeyashcha  
Shree Subrahmanya Bhaaratee || 29 ||  
  
Translation:  
  
DadaBhai Nauroji, Gopa Bhandhu Das, Bal Gangadhara Tilak, Mahatma Gandhi, Maharishi Ramana, Mahamana Madan Mohan Malviya, Tamil poet Subrahmaniya Bharati,   
  
Subaashah Pranavaanandah  
Kraantiveero Vinaayakah |  
Takkaro Bheema Raavashcha  
Phule Naaraayano Guruh || 30 ||  
  
Translation:  
  
Netaji Subhash Chandra Bose, Swami Pranavaananda, the great revolutionary Vinayak Damodar Savarkar, Thakkar Bappa, BhimRao Ambedkar, Mahatma Jyoti rao Phule, Narayana Guru   
  
Sangha Shaktih Pranetaarau  
Keshavo Maadhavstathaa |  
Smaraneeyaah Sadaivete  
Nava Chaitanya Daayakaah || 31 ||  
  
Translation:  
  
and Dr. Keshav Balram Hedgewar and Sri Guruji   
  
Anuktaa Ye Bhaktaah  
Prabhu Charana Samsakta Hridayaah  
Avignaata Veera  
Adhisamaramudhwasta Ripavah |  
Samaajoddharthaarah  
Suhitakara Vijnaana Nipunaah  
Namastebhyo Bhooyaat  
Sakala Sujanebhyah Pratidinam || 32 ||  
  
Translation:  
  
There are many more devotees of Bharat Mata, whose name could not be recalled in the limited space here. Their hearts are in constant communion with God. Again there are numerous warriors who made the enemies of Bharat Mata Bite the dust but today ubfortunately we do not know their names. Still there might have been left out some important names of great social reformers and adept scientists through oversight. May our deep reverence and regards reach out to them daily.   
  
Idamekaatmataa Stotram  
Shraddhayaa Yah Sadaa Patet |  
Sa Raashtra Dharma Nishtaavaan  
Akhandam Bhaaratam Smaret || 33 ||  
  
||Vishwa Dharma Ki Jay ||  
  
Translation:  
  
This is the Unity Hymn. He who recites it daily with reverence and devotion will be firmly established in the Dharma of Nationalism. And in him the memory of Akhand Bharat would never fade.   
  
Victory to the Universal Truth  
  
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